



Regional
HIV/AIDS
Connection

Outline of Volunteer Opportunities

***Please note:** Drop in volunteering is available during **Couch Crew** hours. All other volunteering must be scheduled ahead of time with your supervising staff. This allows us to book space for you to work in and have materials ready. Volunteers are not scheduled between 12 and 1pm so supervising staff can take their lunch.

[I am available between 9&5](#)

[& I can't commit to a regular shift:](#)

Couch Crew: Mondays and Wednesdays 1-4:30pm. Drop in and help package harm reduction supplies in the community room.

Data Entry: Detail oriented, you enter donations and help us maintain our Income Manager database. Experience with MS Access is an asset.

Get Stuffed: Get together occasionally to fold and stuff envelopes for mail outs including tax receipts and newsletters.

Drivers: for clients to appointments & others to drive the agency van for Harm Reduction supplies deliveries.

[& I can commit to a regular weekly shift](#)

Needle Exchange: shifts are now **9-12** and **1-5**. We require a strong weekly commitment, a satisfactory police records check, and needle exchange training.

10 kit Crew Fridays 1:30-4:30 making outreach packages for Counterpoint Harm Reduction Services. Attention to detail and a high degree of manual dexterity required.

IT maintenance: looking for skilled IT folks who can do hardware and software routine maintenance and troubleshoot specific issues.

I am available after 5pm on weekdays and on weekends

& I can't commit to a regular shift but like working on a project/event:

PRIDE float committee: Forms in May/June for July parade

Rocky Horror Picture Show Organizing Committee. Forming first week of July. Event is Oct 27 at Rainbow Cinemas.

A Taste for Life Organizing Committee. Forming in the fall.

& I like the excitement and one day commitment of an event:

Special events: like the Client Holiday Dinner in December, AIDS Vigil in December, A Taste For Life in April, staffing booths at summer festivals, AIDS Walk for Life in September.

& I can make a regular commitment for the next 12 months:

Direct Client Services meet one on one with our HIV positive clients for a total of four hours a month. Vulnerable Person's Screening & additional training required.

Ambassador Program go out into the community speaking on our behalf at community events, schools, universities, staff booths at community events. Previous experience in health promotion an asset, additional training required.

I don't see anything here I want to do

Skills & knowledge based volunteering: We have journalists, graphic artists, farmers, webpage designers, writers, painters, photographers & more who

volunteer their skills on a case by case basis to help us deliver services & communicate more effectively.

Host a fundraising event In place of gifts at a life milestone celebration ask guests to make a donation to Regional HIV/AIDS Connection.

Volunteering with partner organizations: We work closely with Camp Wendake & John Gordon Home, they may offer a better match for what you are looking for.

Check volunteer listings at charityvillage.org & PILLAR not for profit network.